



Bark of the "C" Lion & District Governor's Newsletter

"Move to Grow"

Volume 42, Issue 6

February 5, 2010

LOV District 24-C

District Governor's Message



Lions, Lioness, Lioness/Lions, and Leos of 24-C.

What beautiful patchwork God has created with His patterns in the snow. The inconvenience we have all endured will reap many benefits when the trees begin to bloom and the flowers peak their heads through the snow with the bountiful water that lies beneath the top of the ground.

As mid-winter arrives we still do not have a candidate for 2nd vice district governor. I know there are many good leaders in 24-C just waiting for the right time to move up in an organization as prestigious and helpful to our society as The International Association of Lions Clubs. If this is something that is or has been in the back of your mind, **NOW IS THE TIME**. It can be the most rewarding move you have ever made. If I can help you in any way please contact me.

Have you made plans to attend our 24-C Winter Conference? It's right around the corner. It is February 12th and 13th, 2010. All day Friday will be spent in and around the pin trading room. Pin trading has become a very important part of Lions for both fun and fellowship. You don't have to be a pin trader to enjoy looking at the many different pins and talking to the traders and do they love to talk about their hobby. Also there will be a Friday evening dinner, conclusion of a silent pin auction, and the fellowship of the hospitality room furnished by 1st & 2nd Vice

District Governors, Lion Ray McDonald and Lion Pat Issac. Come and meet your next Governors. Saturday will be quite different with a Cabinet meeting in the morning followed by seminars on leadership, extension, public relations, and Leader Dog, with Paul Jenkins who just received his first Leader Dog in December. No two seminars will be held at the same time. A luncheon will be held at noon with 24-C's own IPID Wayne Davis as speaker. After lunch there will be a district meeting. It sure would be great if all clubs of 24-C would be represented.

It is a great experience visiting all the clubs in 24-C. I have learned much and received an abundance of rewards just learning how many unique ways we serve our communities. I'm so very proud of each of you and the important role you play in making your home town a better place to live for all it's residents. The weather has changed some of my visits but even if the birds are singing when I get there it will still be the best part of being Governor.

Because of the many and varied dedicated Lions we have no problem "MOVING TO GROW" as President Wirfs has asked us to do. We provide an astonishing number of hours in community service and provide funding for humanitarian needs each year. To keep us motivated let us share the good news of our work with others. In sharing you will be reminding the public of who Lions are and what we do. Leadership is a most important part of our success and I know I can count on each of you, no matter what your job, to complete your task in a Leadership way as "WE MOVE TO GROW" and "GROW TO SERVE"

I am looking forward to seeing all of you at the 24-C Winter Conference.

DG Norma

Bark of the "C" Lion and District Governor's Newsletter

Norma Shoemaker District Governor
Ray McDonald Vice District Governor
Pat Isaac 2nd Vice District Governor
Betty Cason ... Cabinet Secretary
Helen Caldwell Cabinet Treasurer
Tom Lominac and Richard Lorette Editors
Charlie Holloway and Jim Jimenez Photos

"The Bark of the 'C' Lion and District Governor's Newsletter" is the official publication of Lions District 24-C. It is an instrument for publicizing the activities of your club to Lion, Lioness and Leo members throughout the District and state. Please feel free to submit for publication articles and pictures of interest about your club's fund-raising, community activities, and social events.

All correspondence should be addressed to Tom Lominac, 1224 Cherry Avenue, Buena Vista VA 24416
lominactc@comcast.net

New 24C Lions and Lionesses

Club	New Lion	Sponsor
Crozet	Rex D. Marchman	Purnell Westbrook
Lake of the Woods	Janet Hasse-Shank	Don Namuth
Winchester	Larry O. Gale	Mark Pennypacker
Shawnee		

Club Secretaries—please remember to list new members and sponsors on the online 24C Monthly Membership form, so that they can be published in the Bark. *If you are not submitting electronically, please forward this information to the editor.*

SAHMSU 12 Month Event Schedule

Start Date	End Date	Club Name/Event
*26 Feb 2010	27 Feb 10	Clarke County Lions
5 March 10	8 March 10	Buena Vista Lions
**25 March 10	28 March 10	Lake of the Woods Lions
*6 April 2010	17 April 2010	Rivanna Lions
28 April 10	28 April 10	McGaheysville-Massanutten
14 May 10	15 May 10	Lake of the Woods Lions
18 May 10	19 May 10	Winchester-Shawnee Lions
3 July 10	4 July 10	Staunton Lions
22 July 10	25 July 10	RAM
8 August 10	15 August 10	Clarke County Lions
3 Sept 10	4 Sept 10	Madison Lions
19 Sept 10	30 Sept 10	Basye/Bryce Mtn. Lions
01 Oct 10	02 Oct 10	Rivanna lions
03 Oct 10	08 Oct 10	Basye/Bryce Mtn. Lions
10 Oct 10	24 Oct 10	Lake of the Woods Lions

* Vivian Turner will hold a Technician's refresher at the Apple Blossom Mall from 10:00 A. M. to 3:00 P. M. on February, 26 2010. You must schedule a time to attend by calling Vivian Turner at 540-896-1221.

** Tom Walker will hold a Technician refresher at Lake of the Woods Lions Club. Please call Tom Walker at (540) 972-4338 for location, times and instructions.

To schedule an event or for information contact Lion Bob Rose by e-mail at : krose9@verizon.net or telephone: (540) 885-1022.

PLEASE NOTE: Those wishing to make a reservation need to have TWO qualified technicians for each event (in rare cases, an exception may be made by the scheduler in consultation with two SAHMSU directors).

Public Relations

By Lion Sharon Hart

Wow. Have you seen the new Lions Clubs International brochures, magazine, and web pages.

Lions Clubs International has undergone a huge rebranding effort. The new information is not only more eye appealing, it is designed to tell the Lions' story more clearly and with more impact using both pictures and words. Now we have to tools to really ROAR about Lions.

Did you know that the Lions Membership Application has changed? The front page features people with smiles on their faces. It sends the message - Hmm, must be fun to be a Lion. Turn to the inside of the front cover and you see the Purposes, Mission Statement, and Vision Statement of Lions Clubs International. MISSION STATEMENT: TO EMPOWER volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs. It sends the message - Hey, I CAN make a difference.

Throw out those old Membership Applications, especially the worn out copies of the old Application. Here's the URL for the new and improved New Member Application: <http://www.lionsclubs.org/EN/common/secure-pdf/me6b.pdf>

Join us at the District 24C Mid-Winter Conference at the Public Relations Seminar as we explore "A New Way of Talking About Who We Are and Why We Matter", a new way of talking about Lions.

Column has been prepared by Jan and Dick Lorette from P&A Reports **received prior to January 16, 2010** including some received earlier.

AUGUSTA (029102) (December) - **PROGRAMS:** 12/1 Dr. Gary McQuain, County Schools Supt. of Security, spoke about the task of making schools safe in the county for some 10 thousand students in this day of cell phones and the like. 12/15 Jennifer Hoover and William Monroe spoke on the on-going upgrade to the county water treatment plants.

FUND RAISERS: On-going broom sales of \$500. Sold \$90 in LOVF raffle tickets. Received another \$161 in Belk Days. Received a check in the amount of \$72.74 from Food Lion Shop & Share. **SIGHT SERVICES:** Paid \$75 for 1 pair of glasses. Gave money to Paul Jenkins for expenses to pick up his Leader Dog. **COMMUNITY SERVICES:** Donated \$900 toward medical expenses of former charter member John Kelly, who passed away 12/28/09. **OTHER:** State Dues--Date Paid: 12/22/09; Amount: \$848.

BATH COUNTY (009225) (December) - **SIGHT SERVICES:** \$100 paid for indigent sight services. **OTHER:** Average Monthly Attendance: 67. I still do not have a password for international report.

BASYE BRYCE MOUNTAIN (042394) (December) - **PROGRAMS:** The regular meeting of the Basye/Bryce Mountain Lions Club was called to order at 8:00 AM on Tuesday, December 1, 2009 at the Bryce Resort Lodge; 28 members and 4 guests attended. Rob Schwartz, the new General Manager of Bryce Resort, gave an overview of his diverse business experience and reasons for accepting his new position. Also, a regular meeting was held at 8:00 AM on Tuesday, December 15, 2009; 25 members and 1 guest attended. Lion Luther Santiful, National Active and Retired Federal Employees (NARFE) and member of the Edinburg Lions Club (VP of the Shenandoah Chapter, NARFE), gave an informative talk about the organization. NARFE is an advocate for both active and retired federal employees before Congress and the White House. Their mission is to safeguard and enhance federal employee health benefits, retirement benefits, and pay issues for active federal employees and annuitants. There are 300,000 members nationwide and 57 chapters in VA. A new Shenandoah Valley Chapter with 62 members has been chartered. Several of our club members belong to NARFE. Meetings are held at Denny's in Mt. Jackson. **FUND RAISERS:** Lion Bob Ravera reported income from the Spaghetti Dinner, Christmas Food Sales, and Thanksgiving Basket donations of \$2,064. Lion Bob Ravera reported 36 Christmas Food Sale orders totaled \$676. The food was picked up on Dec. 8 & 9 and delivered on Sat. Dec. 12th in front of the Basye Post Office. Twelve Lions members worked the deliveries. **SIGHT SERVICES:** 42 pairs of used eyeglasses were collected and were mailed to the Recycle Center. **COMMUNITY SERVICES:** Lion Jack Turley said food boxes were delivered to 28 families that included 52 adults and 48 children. Food donations were low, but \$1,028 was donated to allow purchase of a large amount of food. An anonymous Lion Club member volunteered again this year to buy turkeys for each family. 20 Lions and spouses helped pick up food and pack boxes. Twelve members delivered the boxes. Lion Dick Perry reported he recruited Lion volunteers to ring the bell for the Salvation Army Christmas collection on several weekends. A large number of Lions members have volunteered. **HEALTH SERVICES:** Lion Bob Mecaughey reported 16 units of blood were donated at the last blood drive on Dec. 8th. Six lions volunteered a total of 15 hours. The next Red Cross Blood Drive will be held at Bryce Resort on Tuesday, Feb 16th, 2010.

BROADWAY (009226) (December) - **PROGRAMS:** No regular meeting in Dec. Held our annual Dinner - Dance with Timberville

Lions on Dec. 9th. Good food and fellowship had by all and danced until the wee Hours of the night (well almost).

BUENA VISTA (009227) (December) - No report received by deadline for this issue.

CHARLOTTESVILLE HOST (009228) (December) - **COMMUNITY SERVICES:** Local Soup Kitchen - 2 members for 20 Hours; Elderly Piano Sing-A Longs - 1 Lion for 16 Hours. \$5000 donated to Charlottesville Municipal Band-Equipment Trailer. **OTHER:** Average Monthly Attendance: 95.8.

CHARLOTTESVILLE LIONESS (068812) (December) - No report received by deadline for this issue.

CHARLOTTESVILLE TJ (009229) (December) - **FUND RAISERS:** On 11/30 UVA game, 3 Lions worked 12 hrs, making \$250; on 12/5 Phish concert, 6 lions worked 30 hours making, \$1608; on 12/23 UVA game, 2 lions worked 8 hours, making \$370; also, on 12/09, 6 Lions worked 42 hours at the Daughtery Concert, making \$226.83; six Lions worked J. Buffett Concert, making \$611.78; two Lions worked UVA game, making \$250. Gross Pecans Sale - \$2413. **SIGHT SERVICES:** We paid Sight and Hearing (SAHMSU) \$200, Recording for Blind and Dyslexic \$500, Lions Eyeglass Recycling \$300. & IRIS (Dr. Ashley Shaurer) \$250. **YOUTH SERVICES:** We paid: Camp Holiday Trails \$750 and Bland Memorial Fund \$100. **COMMUNITY SERVICES:** We paid Santa Fund \$500 and Ch. Alb. Rescue Squad \$300. **OTHER:** Average Monthly Attendance: 97%. State Dues--Date Paid: 12/3/09; Amount: \$208.

CLARKE COUNTY (009230) (December) - **PROGRAMS:** 3 December -- Planning meeting for upcoming events. Committee chairmen spoke about upcoming events for the Kids Christmas Party, Berryville Christmas Parade, One Grand Party, (potential for a) Motorcycle Rally and Car Show, December Shrimp Sale, and Zone New Year's Day Safety Project. **FUND RAISERS:** Lion Bill Johnston had to create new plans on-the-fly as the December blizzard disrupted the Christmas Shrimp packing and distribution process. Shrimp Chairman Lion Bill Johnston made a long and treacherous Friday night (18 December) trip to pick up the shrimp at Vint Hill; maximum speed - 20 miles per hour. He arrived back at his home at 10:30 p.m. to the cheers of awaiting shrimp packers: JoAn Drake, Dick Drake, Mary Gott, Kathleen Ault, and Greg Hart. The packers finished about midnight to a back drop of densely falling snow and took their purchases home. Good thing they did, because the blizzard prevented distribution on Saturday, and Lion Bill had to freeze the remaining shrimp. He notified all the purchasers on how to pick up their shrimp when the roads got better. Thanks to all the Lions who made it possible to sell 153 pounds of shrimp. And a special thanks to Lion Bill for his perseverance in spite of adversity and uncooperative weather!! **SIGHT SERVICES:** At the December Board Meeting, Lion Bill Propst reported that Clarke County Lions Club provided the gift of sight to two individuals from Clarke County through the purchase of eyeglasses. **YOUTH SERVICES:** A huge ROAR and thank you to Lion Dick Drake, chairman of the Clarke County Lions Club Children's Christmas Party. This year's party was held on Friday, December 11 at Enders Fire Hall. This Christmas Party is held so that less fortunate children can experience the joys of Christmas. This year, Clarke County Social Services and Clarke County Head Start identified 194 children from 96 families who were eligible to attend this event. One hundred and five of these children and their families were in attendance. Attendees enjoyed hot dogs, chips, cookies, brownies, fruit, and arts and crafts. The highlight of the event was a visit from Lion Santa Paul Doyle who arrived to the jingle of sleigh bells and hearty greetings of "Merry Christmas." Santa then spoke with each child and presented each one with a bag of gifts selected especially for them. Each child also received a photo with Santa. Families and children

who were unable to attend the party received their gifts the following day. This event was made possible by the generous support of Target, Wal-Mart, John H. Enders Fire Company, Sara Hunter Photography, Santa, and the Marine Corps Reserves Toys-for-Tots Campaign. Additional support was provided by Clarke County Lions, spouses, and friends who: prepared and served the food; sorted, wrapped, packed, and transported the gifts; planned and staffed the arts and crafts activities; photographed the children and Santa; provided candy cane reindeer for each attendee; and photographed the children with Santa. Clarke County Lions also provided a donation to the Marine Corps Reserves Toys-for-Tots Campaign. **COMMUNITY SERVICES:** Clarke County Lions braved the snow and slush to participate in the Clarke Berryville Christmas Parade on Saturday, 5 December. We were a small but energetic entry into the parade! Lions Kathleen Ault and Dan Sechrist walked the entire parade route and handed out candy to the parade watchers. Lion Sharon Hart attracted attention by twirling a Lions Club Broom. Lion Greg Hart drove a cart stocked with extra candy and decorated with Lions Banners and Christmas decorations. Lion Warren Arthur and his grandson joined us in Lion Warren's MG. **OTHER:** State Dues--Date Paid: 15 November 2009; Amount: \$976.

CLIFTON FORGE (009231) (November) - **FUND RAISERS:** \$145 raised from Lions Club Breakfast. **SIGHT SERVICES:** \$520 spent for glasses.

(December) **PROGRAMS:** Breakfast with Santa - 200 plus children and parents in December 2009. Also, held the Clifton Forge Lions Club Christmas Party and Dinner on December 12th. **HEARING SERVICES:** Purchased 1 hearing aid for \$200.

CROZET (009234) (December) - **PROGRAMS:** At the December meeting, Lion Susan Miller hosted the club's Annual Gift Swap. **COMMUNITY SERVICES:** On 11/29/09, six Crozet Lions helped staff a "safety break" on I64 at the rest stop at mile marker 112. On 12/6/09, with Santa on their heels, seven Crozet Lions marched in the Crozet Christmas parade. **OTHER:** Average Monthly Attendance: 75%.

DAYTON-BRIDGEWATER (009235) (December) - **PROGRAMS:** Bridgewater Lions held their Christmas Dinner with spouses and guests on December 2nd, 2009. Dr. Bruce Bowman of Commonwealth Veterinary Clinic provided a Power Point presentation of his recent trip to India.

EDINBURG (009236) (December) - **PROGRAMS:** Family Christmas Party- ham and turkey meal at Creekside also singing Christmas carols by Theater Shenandoah of Edinburg and gifts given to the children by Santa Claus. **OTHER:** State Dues--Date Paid: 12/20/09 Amount: \$272. Average Monthly Attendance: 92.

ELKTON (009237) (December) - **PROGRAMS:** Our club had its regular meeting December 8th, and our Christmas Party was held December 12th at Alice Hensley's home. **SIGHT SERVICES:** Paid Downey Veith \$160 for glasses for a 6th and 8th grader at Elkton Middle School. **OTHER:** Paid State Dues of \$320.

FLUVANNA COUNTY (009238) (December) - **OTHER:** Average Monthly Attendance of 70.

FRONT ROYAL (009239) (December) - No report received by deadline for this issue.

GORDONSVILLE (009241) (December) - No report received by deadline for this issue.

HARRISONBURG (990244) (December) - Report received, but no data given about the Club.

LAKE OF THE WOODS LIONESS (741320) (December) - **PROGRAMS:** Christmas Dinner Meeting. **FUND RAISERS:** Sale of White House Christmas Tree Ornaments **SIGHT SERVICES:** Eyeglass recycling. **COMMUNITY SERVICES:** Wrapped gifts at Alice Tyler Child Help East Staffing Lions/Lioness Wilderness Food Pantry. **OTHER:** State Dues--Date Paid: 11/30/09; Amount: \$640.

LAKE OF THE WOODS (041320) (December) - No report received by deadline for this issue.

LEXINGTON (009245) (December) - **PROGRAMS:** Dec 14: Christmas party. **SIGHT SERVICES:** \$300 paid for 3 peoples' glasses. **OTHER:** State Dues--Date Paid: 12/10/2009; Amount: \$576.

LOUISA COUNTY (009246) (December) - No report received by deadline for this issue.

LURAY (009247) (December) - **PROGRAMS:** "Program" for December 3 meeting was social and annual Spouse/Guest Christmas Steak Dinner at Brown's Restaurant. **OTHER:** Average Monthly Attendance: 80. Annual Spouse/Guest Christmas Dinner on December 3 will be only meeting of the club for December. Next meeting will be January 7, 2010.

MCGAHEYSVILLE/MASSANUTTEN (052780) (December) - **PROGRAMS:** Had our Annual Christmas Party (very well attended) at the Boyle's beautiful home. At our other one regular meeting this month, we made plans to pack food boxes for the Elkton Area United Services on two week-ends early in January; 15 members volunteered to assist with the packing and preliminary collection of food donations from local stores. Majority of club members attending also agreed with Board recommendation to close our Activity Account and to deposit all future contributions from the public in the Lions of Massanutten Foundation, Inc. bank account. **COMMUNITY SERVICES:** 14 club members and one friend read 32 hours from newspapers and magazines for the Valley Voice program for local sight-disadvantaged people. **FUND RAISERS:** Had to cancel one Bingo Thursday evening due to poor turn-out in the snowy weather; other days were well-attended (for December) and profitable. **OTHER:** Monthly average attendance has been disappointing, and ways to increase those numbers will be discussed with District Governor Norma during her visit in January.

MADISON COUNTY (009248) (December) - **PROGRAMS:** Dec 8 - No meeting due to snow storm. Dec 15 - Makeup meeting, discuss Club objectives, progress for year, and activities for rest of year. Dec 22nd - Meeting dedicated to delivery of Christmas packages to needy residents with funding from regularly scheduled meals. **FUND RAISERS:** Completed Poinsettia sales for season - profit of \$2782. **SIGHT SERVICES:** 368 prs. of eyeglasses recycled YTD. **COMMUNITY SERVICES:** On 12/21, four members delivered Christmas food baskets to seven needy families in the area. The families were most grateful. **OTHER:** International Dues--Date Paid: Jul. 2009; Amount: \$512. State Dues--Date Paid: Nov 2009; Amount: \$432. Average Monthly Attendance: 98.6.

MIDDLETOWN CHILDRENS FIRST (068683) (December) - **YOUTH SERVICES:** Worked with 10 preschool children teaching motor skills, shapes, letter & number recognition and other skills needed for kindergarten through: stories, music, games & crafts. Santa came to give children gifts. Fun was had by all. Thanks to Lion Paul Levesque for being Santa and to his helpers Paula & Mary. **OTHER:** International Dues--Date Paid: 12/22/2009; Amount: \$58.50. State Dues--Date Paid: 12/22/2009; Amount:

\$128. Zone Meeting: 11/17/2009 - Attending: Secretary & Other. Average Monthly Attendance: 98.

MONTEREY (009250) (**December**) - No report received by deadline for this issue.

MOUNT JACKSON LIONESS (709251) (**December**) - **PROGRAMS:** Mt. Jackson Lioness Christmas Party with Outreach to Linda Thompson, who hosted a Christmas Party for needy children, Empty Stocking, and the Mt. Jackson Food Pantry.

NEW MARKET (009252) (**December**) - **COMMUNITY SERVICES:** We distributed fruit baskets to less fortunate and shut-in residents to help brighten their holiday season. **OTHER:** Our Christmas party was cancelled because of inclement weather.

RIVANNA (060364) (**December**) - **PROGRAMS:** Holiday gift giving - we contributed 220 canned hams to the elementary school, which back-packed the food for the holiday distribution. **YOUTH SERVICES:** Food back-packing was conducted on Dec 3rd with 7 members and friends, on Dec 10th with 8 members and friends, and on Dec 17th with 10 members, 6 friends, and 3 school staff helpers. Over 200 children are served each week. **COMMUNITY SERVICES:** \$1000 Walmart gift cards were donated to the Holiday Program sponsored by the Fluvanna Board of Social Services. In addition, Walmart gave an additional \$50 gift card. Information was submitted to the local newspaper with a picture of the President with the program coordinator. **OTHER:** Only one meeting was held this month.

SCOTTSVILLE (009254) (**December**) - No report received by deadline for this issue.

STAUNTON (009257) (**December**) - **PROGRAMS:** Christmas Party had 5 young singers from Shenan Arts to sing Christmas Carols for the Lions. **YOUTH SERVICES:** Did sight screening at Ware Elementary School with 5 Lions and a family member helping to screen about 67 students. **COMMUNITY SERVICES:** Rang the bell for The Salvation Army on Saturday, Dec.12, 2009 from 9:00 AM until 7:00 PM with Lions covering both doors at Walmart; had 3 Lions participating in 2-hour shifts.

STEPHENS CITY (009258) (**December**) - **PROGRAMS:** This month we held our annual club Christmas Banquet at the Lee-Jackson banquet room in Winchester. **FUND RAISERS:** Apple Butter Sales and Pancake Breakfast as well as a private donation netted the club \$1,817.50 in funds for the month. **SIGHT SERVICES:** Eye Glasses amounting to \$170 were purchased. Donations of \$270 were made to the Sight and Hearing Screening Unit. **HEARING SERVICES:** Donated \$270 to the Hearing Foundation. **YOUTH SERVICES:** A \$1,000 scholarship - held in arrears from 2008 - was awarded. **COMMUNITY SERVICES:** Donations totaling \$1,100 were made to community organizations.

STRASBURG (009259) (**December**) - **PROGRAMS:** Dec. 15 - The club held its annual Christmas Party and conducted a "Thieves Christmas" exchange of gifts. **FUND RAISERS:** Continuing broom sales conducted by Lion Orndorff. **SIGHT SERVICES:** Paid for 1 eye exam and 2 pair glasses. **YOUTH SERVICES:** Contributed \$100 to "Handicapped Children's Christmas Party." **OTHER:** Average Monthly Attendance: 86.8.

TIMBERVILLE (009261) (**December**) - **PROGRAMS:** 12-12-09-Annual Christmas Party with Broadway Lions Club. **FUND RAISERS:** Broom sale receipts- \$104. **OTHER:** State Dues-- Date Paid: 12-03-09; Amount: \$768. Average Monthly

Attendance: 79%. One member resigned in good standing-school and work related (Tyler Jessup).

WAYNESBORO (009262) (**December**) - **PROGRAMS:** On 12-8, held our Christmas meeting with SOSE (spouse or significant other). We were entertained by a portion of the Waynesboro High School Concert Choir. **FUND RAISERS:** Christmas Tree sales at Willy's Ice Cream store; profit of \$5,111 with 170 Lions' volunteer hours. Funds for sight and hearing work in Waynesboro. **COMMUNITY SERVICES:** The 12-5 Christmas Parade was cancelled. Free hot chocolate had been planned.

WEYERS CAVE (043724) (**December**) - **PROGRAMS:** Entertainment for Club's Christmas Meal Party was Derick Ruebush, Stuart Middle School, 7th Grader, who provided us with song & dance. He received a standing ovation at the conclusion of his presentation. **FUND RAISERS:** Sponsorship of Shenandoah Valley Coin & Stamp Club Show, 12/04-06; Administrative Acct. \$350., and P&A Acct. \$463.75. **OTHER:** International Convention: Lions Attending: 6 Officers and Guests Attending: Average Monthly Attendance: 90%.

WINCHESTER HOST (009263) (**December**) - **PROGRAMS:** James Wood Chorus on 12-01-09; Violin/ Guitar Music on 12-08-09 by Stormie Keating; The Handley Hilltoppers on 12-15-09 w/Gloria Law, Director, and the Winch/Fred Co.Visitor Center on 12-29-09 by Natalie Wills. **FUND RAISERS:** White Cane on 11-14-09 when we earned \$286. Broom Sales on 11/09 netted us \$826. We held a Cash Party on 11-21-09, which earned us \$20,080. **SIGHT SERVICES:** Host Club provided 24 eye exams at \$1176 and 17 pairs of glasses at \$886. **YOUTH SERVICES:** We gave the Handley Chorus \$100 and the James Wood Chorus \$100. **COMMUNITY SERVICES:** Bell ringing for Salvation Army Red Kettle collection on 12-04-09, where 15 Lions participated for a total of 34 hours. **OTHER:** Zone Meeting: 11-17-09; Attending: President, Secretary, Vice President, & Other. Average Monthly Attendance:54%.

WINCHESTER SHAWNEE (009264)(**December**) - **PROGRAMS:** On December 2, the Vice President and the Secretary of the James Wood Leo Club presented a program on the club's activities. On December 16, we held the Shawnee Lions Club Christmas Dinner for members and their guests; the James Wood High School Chamber Choir performed. **FUND RAISERS:** Mint Sales raised \$166. **SIGHT SERVICES:** 4 eye exams cost \$80; 13 pairs of glasses for \$754. **COMMUNITY SERVICES:** Christmas Shopping for students in need - \$200. **OTHER:** Average Monthly Attendance:70%.

WOODSTOCK (009265) (**September, October, November December**) - **PROGRAMS:** Nancy Feldman, Executive Director, talked about Faith in Action, a medical transportation service for the elderly, disabled and chronically ill, based in Winchester but now expanding into Shenandoah County. At our Oct. 19th meeting, Pam Murphy, Executive Director of the Shenandoah County Free Clinic spoke; and the Director, Shenandoah Dental Clinic, gave a presentation at our Nov. 2 meeting; Lee Jette, Shenandoah Memorial Hospital Volunteer Coordinator, gave a presentation on the program and the need for volunteers at our Dec. 7 meeting. The Central HS Chorus entertained members and spouses at our Annual Christmas Party on Dec. 21. Stacie Jackson, Coordinator for Smart Beginnings - Shenandoah Valley, gave a presentation on the early childhood readiness for education at our Jan. 2 meeting. **FUND RAISERS:** The Annual Woodstock Lions Club Cash Party will be held on March 20, 2010 at the Yellow Barn in Mt. Jackson. Couple's tickets are \$100; single's tickets are \$65. Only 100 couple's tickets and 200 single's tickets will be sold; Robbie Limon will be the entertainment. A new feature will be a silent auction with over 40 items donated to date. Tickets and the auction items catalog will be available from club members after

the first of the year. Continuing broom sales brought in \$89 in Dec. Annual calendar sales netted \$966. **SIGHT SERVICES:** Woodstock Lions provided funds for 4 eye exams and 4 pairs of eyeglasses in November and 3 exams and eyeglasses in December. Most of the recipients are from the screenings done at the Robinson Elementary and Muhlenberg Middle Schools by the Sight and Hearing Van staffs. **COMMUNITY SERVICES:** \$200 was donated to the Shenandoah County Free Dental Clinic and \$150 was given to the Central HS Chorus. **OTHER:** Lion Dr. Jerry Germroth has been awarded a 25-year membership award for being a Lion in District 24-C for the past 25 years. Woodstock Lions Club has been awarded a chevron for our Lions Banner in honor of Lion Bill Coffman's Melvin Jones Award and a Hearing Foundation Patch. Zone Meeting: 11-10-09 was attended by President, Secretary, Vice President, and one other.

WOODROW WILSON LIONESS (065302) (July) - **PROGRAMS:** No formal program. We had our annual club picnic.

(September) PROGRAMS: Shaun Carpenter, with the Staunton-Augusta Rescue Squad, was the guest speaker. He stated he was a Paramedic and had been a full time member of the rescue squad for one year. Shaun stated the rescue squad is trying to keep two ambulances at all times and five or six people to staff the ambulances. All the people have the same jobs and responsibilities. The paid people come from the volunteer side, where everyone starts. **FUND RAISERS:** Lion Russ Kirby reminded everyone of Belk Charity Days, which is coming up on November 7th. He explained the process of selling tickets for Belk Charity Days. **COMMUNITY SERVICES:** Lion Russ Kirby donated 30 hours of his time volunteering at the Staunton-Augusta Rescue Squad for the month of September. **OTHER:** Fall Conference: 09/19/2009; Attending: President, Secretary, Vice President, & Other. Zone Meeting: 09/03/2009; Attending: President, Secretary, & Other.

(October) PROGRAMS: Dr. Julie Farrar-Hersch, a licensed hearing audiologist fitter at Augusta Audiology Associates (AMC Medical Office Building in Fishersville), spoke on specializing in diagnosing and hearing aid fitting. An audiologist prescribes hearing aids and performs screenings and cochlear implants. They also provide rehabilitation training. Also, Dr. Farrar-Hersch performs vestibular testing, which gives an insight on how the balance system is functioning. Dr. Farrar-Hersch stated hearing aids are mostly digital now and have greatly improved recently. **COMMUNITY SERVICES:** Lion Russ Kirby volunteered 21 hours for the month of October at the Staunton Augusta Rescue Squad. **OTHER:** Average Monthly Attendance: 70.

(November) PROGRAMS: President Lioness/Lion Esther Walton had a short Business Meeting prior to turning the Zone Meeting over to Lion Aubrey Jackson. **FUND RAISERS:** Eleven club members participated at Belk Charity Days on November 6th and 7th, 2009. **COMMUNITY SERVICES:** Lion Russ Kirby volunteered 15 hours at the Staunton Augusta Rescue Squad in the month of November. **OTHER:** Zone Meeting: 11/02/2009 - Attending: President, Secretary, Vice President, & Other. Average Monthly Attendance: 70.

(December) PROGRAMS: We had no formal meetings. The President, L/L Esther Walton, welcomed everyone. A couple of announcements were made. We had dinner and a gift exchange. **FUND RAISERS:** Received \$423 from Belk Charity Days in November. 50/50 game brought in \$11.50. The Tailtwister brought in \$4.30. Average Monthly Attendance was 78%.

Having learned of the recent disaster in Haiti with a 7.0 earthquake, this just brought to mind how lucky we are here in this part of the world.

I did some research and found that while yes, there have been earthquakes here in the U.S.-----mostly on the West Coast. The last one recorded in Virginia was in the vicinities of Richmond, Petersburg, Fredericksburg and Farmville with a magnitude of 2 on December 18, 2009.

How much do we know about an earthquake? (Besides the disastrous damage they can cause.) 80% of all the planet's earthquakes occur along the Pacific Ocean, called the "Ring of Fire" because of volcanic activity there as well. Most earthquakes occur at fault zones, where tectonic plates---giant rock slabs that make up the earth's upper layer---collide or slide against each other. These impacts are usually gradual and unnoticeable on the surface; however, it sends massive vibrations called seismic waves; often hundreds of miles through the rock and up to the surface. Other quakes can occur far from the fault zones when plates are stretched or squeezed.

Scientists assign a magnitude to earthquakes based on the strength and the duration of their seismic waves. A quake measuring 3-5 is considered minor or light; 5-7 is moderate to strong; 7-8 is major and 8 or more is great.

Just some things to remember:

Active fault--a fault that is likely to have another earthquake sometime in the future. Faults are commonly considered to be active if they move one or more times in the past 10,000 years.

Aftershocks-----smaller earthquakes that occur after a previous large earthquake in the same area (the main shock). If an aftershock is larger than the main shock the aftershock is redesignated as the main shock and the original main shock is redesignated as a foreshock.

Magnitude----is a number that characterizes the relative size of an earthquake.

For more info on earthquakes go to:

www.nationalgeographic.com/forcesofnature/interactive/index.html

or

<http://quake.usgs.gov>

*Sheryl Grant, VP
Weyers Cave Lions Club
Safety/Environmental/Photo Chairperson
LOV District 24C
4693 Eastside Hwy
Grottoes, Va 24441
(540 421-2139
email; sherylgrnt@yahoo.com*



www.caninecompanions.org

**Introducing
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Canine Companions for
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to Lions in LOV 24-C**

**For more information or a club presentation on LPCCI,
contact: Lion Dave Gurtner, Woodstock Lions Club,
email Dgtheskier@aol.com or phone 540/459-1702**

**DISTRICT 24-C
THIRD ZONE MEETINGS OF THE
YEAR**

REGION I, ZONE I – ZC Jim Christianson
March 3, 2010, 6:00 P.M.
Winchester Shawnee Lions Club
Westminister Canterbury
300 Westminister-Canterbury Drive
Winchester, Va. 22601
Contact person: Lion Ed Froehlich
540-869-1728 E-mail: edfrog@shentel.net

REGION I, ZONE II – ZC PDG Grover Jaeger
March 15, 2010, 6:15 P.M. cost \$10.00
Woodstock Lions Club, need reservations by March
10, 2010
American Legion Post 199
411 S. Muhlenburg St.
Woodstock, Va. 22664
Contact Person: PDG Grover Jaeger, ZC
540-289-9713, E-Mail: gejaeger@comcast.net

REGION I, ZONE III – ZC Mary Propst
March 9, 2010, 6:00 P.M. social time eat 6:30 P.M.
Broadway Lions Club, cost \$10.00
The Plains District Community Center
McMauley Drive, Timberville, Va.
Contact person: ZC Mary Propst
540-234-0316 E-Mail: mary.propst@comcast.net

REGION II, ZONE I – ZC Selven Powell
March 23, 2010, 7:00 P.M.
Louisa County Lions
Tanyard Country Club
Main Street, Louisa, Va.
Contact Person: ZC Selven Powell
540-972-6513, E-mail: selvenp@comcast.net

REGION II, ZONE II – ZC Ken Quantock
March 2, 2010, 6:00 P.M., cost \$12
Charlottesville Host Lions Club
Wood Grill Buffet, Rt. 29 N, Charlottesville, Va.
Contact Person: ZC Ken Quantock
434-242-4608, E-mail: khqglass@comcast.net

REGION III, ZONE I – ZC Aubrey Jackson
March 23, 2010, 6:15 P.M.
Waynesboro Lions Club
Waynesboro Country Club
Contact person: ZC Aubrey Jackson
540-886-6968

REGION III, ZONE II – ZC Glory and Dean Knick
March 11, 2010, 6:30 P.M., cost @10
Clifton Forge Lions Club
South Hill,
800 West Ridgeway St.
Clifton Forge, Va. 24422
Contact person: ZC Dean & Glory Knick
540-463-5570, E-mail: deanknick@rockbridge.net

**MID-WINTER CONFERENCE AND PIN SWAP
LIONS OF VIRGINIA 24-C
FEBRUARY 12th and 13th, 2010
HOLIDAY INN STAUNTON, VIRGINIA**

SCHEDULE OF EVENTS

Friday, February 12th, 2010

8:00 A. M.- 6:00 P.M.	Registration	Lobby
8:00 A.M.- 6:00 P.M.	Pin Swap	Jefferson-Jackson Room
6:00 P.M.	Fellowship Dinner (Open to all)	Madison-Lee Room
7:00 P.M.- 9:00 P.M.	Pin Swap and Silent Auction	Jefferson-Jackson Room
9:00 P.M.- 11:00 P.M.	Hospitality Room VDG's Ray McDonald and Pat Isaac	Room 328

Saturday, February 13th, 2010

7:30 -11:30 A. M.	Registration	Lobby
8:00 - 8:45 A. M.	Cabinet Meeting	Jefferson-Jackson Room
9:00 – 9:45 A. M.	SAHMSU Board	Boardroom
9:00 - 9:45 A. M.	Leadership Seminar	
9:45 – 10:15 A. M.	Extension Seminar	
10:20 – 10:55 A. M.	Public Relations Seminar	
11:00 – 11:40 A. M.	Leader Dog Seminar	
Noon- 1:30 P. M.	Luncheon Speaker IPID Wayne Davis	Madison-Lee-Wilson Room
2:00.- 3:30 P. M.	District Meeting	
3:30 – 4:00 P. M.	Executive Board & MERL Meeting	
3:30 P.M.- 4:00 P.M.	Executive Cabinet/MERL Team Meeting	

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Buena Vista to Host Remote Area Medical Clinic

Lions will host a Remote Area Medical clinic in Buena Vista, VA on March 6 and 7, 2010. The event will be held on the Southern Virginia University campus, and will feature free medical, dental, and vision care. It is expected that there will be about 1500 to 2000 patient contacts during the weekend clinic.

“We need general volunteer assistance, and are calling on Lions Club members in District 24C to come and be a part of this incredible experience”, said Lion Barbara van Kuiken, liaison to the Southern Virginia University branch of the Buena Vista Lions Club. “There is something that every Lions Club member in the district can do to fulfill the Lions Club motto...‘We Serve’. We will need volunteers to do vision and hearing screenings on SAHMSU, and will also need volunteers to do patient registration, serve food to volunteers, help set-up and take down chairs, tables, and equipment for the clinic, help direct traffic flow, act as runners between the eyeglass manufacturing van and eyeglass dispensing area, and help move patients within the clinic. Volunteers can also be taught how to make eyeglasses, and how to assist dentists, if they would like to take advantage of those opportunities”, said Lion Barbara. “We will also have booths set up at the clinic to provide information on topics such as smoking cessation, diabetes management, osteoporosis prevention, high blood pressure control, money management, exercise programs and more, so if volunteers would like to provide information for any of these booths, or would like to man these stations, we would appreciate those efforts as well. In addition, we are putting together a series of groups to provide entertainment for those patients who have to wait for hours to be seen by the medical professionals. If any Lions within the district know of any entertainment groups they could recommend for the clinic, we would appreciate the suggestions.”

“In the next week, we are going to start advertising the clinic within an 8 county region surrounding and including Rockbridge County. The advertisements will be going out to a variety of outlets, including local health departments, free health clinics, food banks, churches, and schools. In addition, we will be putting advertisements in the newspaper, on radio, and on local tv channels. If Lions Club members within the district would like to become involved with distributing our announcements to various locations within their hometown, that would be extremely helpful to us”, said Lion van Kuiken. “Lions Club budgets can be tight, and it seems that with the downturn in the economy, there are so many more people in our communities who need assistance from the Lions Club. It is hoped that this clinic can help the Lions Clubs in District 24C provide more assistance to people in their own communities. If any Lions Clubs members know of individuals who would benefit from our clinic, we are asking that they refer those individuals to Buena Vista for the March clinic.”

The Remote Area Medical organization will bring in an eyeglass manufacturing van so that patients who need prescription eyeglasses can have a free pair made at the RAM event. There will be 8-10 optometrists at the clinic and hundreds of prescription glasses are expected to be made and distributed during the RAM weekend. In addition, at least 20 dentists will be working during the clinic so that patients can receive free dental care including cleanings, fillings, extractions, and some restorative work. A variety of doctors will work in the clinic, including family practice doctors, an OB /GYN, a dermatologist, and a doctor who is focusing on providing a diabetes clinic.

There is a general call for some basic supplies for this clinic. “We can use more bottled water for the volunteers, and some basic snack food for hungry patients who have been waiting in line for hours”, said Lion Barbara. If any Lions Clubs in the district would like to organize food drives for these purposes, or would like to send a monetary contribution, it would be appreciated as well. In addition, we will be housing volunteers in campus housing, and are putting out a call to borrow bedding that would be laundered and returned at the conclusion of the event.”

If you or your club would like more information about this event, would like to volunteer, or would like to donate supplies or monetary contributions for the clinic, please contact Lion Barbara van Kuiken at (540) 319-0195, or at barbara.vankuiken@svu.edu

LIONS OF VIRGINIA DISTRICT 24-C
Midwinter Conference and Pin Swap
February 12 and 13, 2010
Holiday Inn Golf and Conference Center, Staunton, Va.

REGISTRATION FORM

Name _____

(check all that apply):Lion ___ Lioness ___ Leo ___ Guest ___ PDG ___ PID ___)

Guest Name _____

Address _____

City _____ State _____ Zip Code _____

Club(s) _____

Registration Fee (required) No. _____ @\$16.00/ea. \$ _____

(Includes Mid-Winter Pin)

Friday Dinner No. _____ @ \$22.00/ea. \$ _____

(Includes Early Mid-Winter Pin)

Saturday Luncheon No, _____ @\$22.00/ea. \$ _____

TOTAL _____ \$ _____

Make checks payable to Lions of Virginia 24-C and mail along with registration form to:

Cabinet Secretary Betty Cason, 300 Woodmont Drive, Staunton, Va. 24401

Closing date for ticket sales or cancellations FEBRUARY 2, 2010. Tickets **WILL NOT** be for sale at Mid-Winter Conference.

Room reservation: Holiday Inn and Conference Center, 152 Fairway Lane, Staunton, Va. 24402. Telephone (540) 248-6020 or (800) 932-9061. Room rate \$89.00 /night plus tax. Mention you are attending the Lions Mid-Winter Conference. Cut-off date for reservations is January 28, 2010.



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Broadway, VA 22815

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